

# Aspectos clínicos y moleculares de la miotonía congénita.

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Asmus Julius Thomas Thomsen (Figure 1) was born in Århus in the Parish of Esgrus on the Angeln in the Danish Duchy of Slesvig (from the mid-19th century divided into Prussian Schleswig-Holstein). After completing his medical education and later attending Slesvig's Cathedral School, he undertook his university studies in Kiel, Berlin and Göttingen, and obtained his medical doctorate in Göttingen in 1839. He returned to the Angeln Peninsula to practice medicine and was appointed Kreisphysikus (district physician) in Kappeln on the Schlei River in 1853 (Nissen et al. 1990), eventually being awarded the official practitioner's title 'Sanitätsrat' (Member of Health) in 1885 (Nissen Family Collection, Kristina Wiberg<sup>1</sup>). It was from there in 1876 that he was provoked into publishing an earlier-prepared paper on the muscle cramping and stiffness disease that afflicted himself and his family, after spending much of his life trying to avoid it, because his youngest son was accused of being unfit to avoid military service. It was entitled 'Krämpfe in willkürlich beweglichen Muskeln als Folge einer erbter psychischer Disposition (Ataxia) [Tonic Cramps in Voluntary Muscles as a consequence of a Hereditary Psychological Trait (Ataxia)]'.

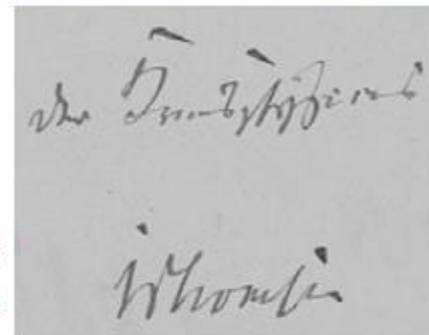
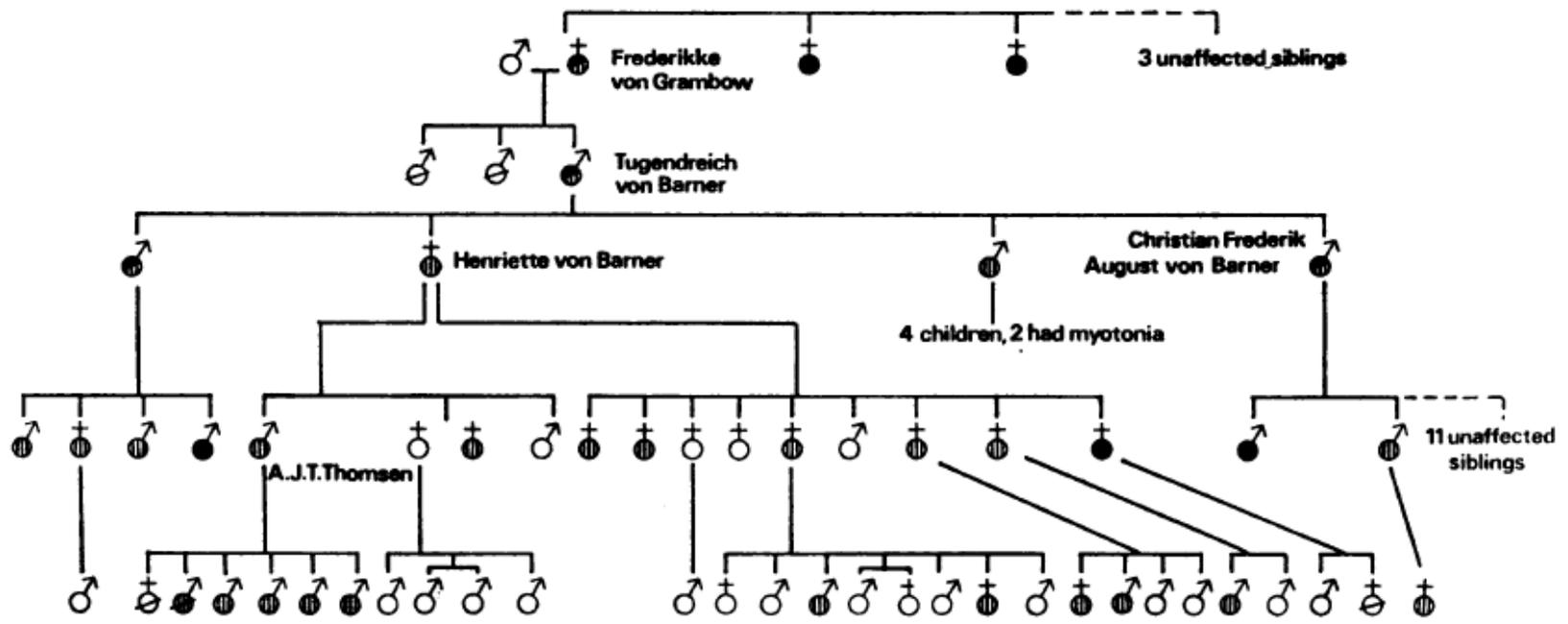


Figure 1: Asmus Julius Thomas Thomsen (courtesy of Kristina Wiberg<sup>1</sup>, from Nissen Family Collection) and his signature 'Dr Kreisphysikus, J Thomsen' in Thomsen's letter accepting his 1853 appointment as district physician in Kappeln, courtesy of the Landesarchiv Schleswig-Holstein, Abt. 309 Nr. 27 973).

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- ⊕ Myotonia congenita
- Mental illness
- ⊖ Died in infancy

***Miotonía: Disminución de la relajación muscular con efectos indeseables***

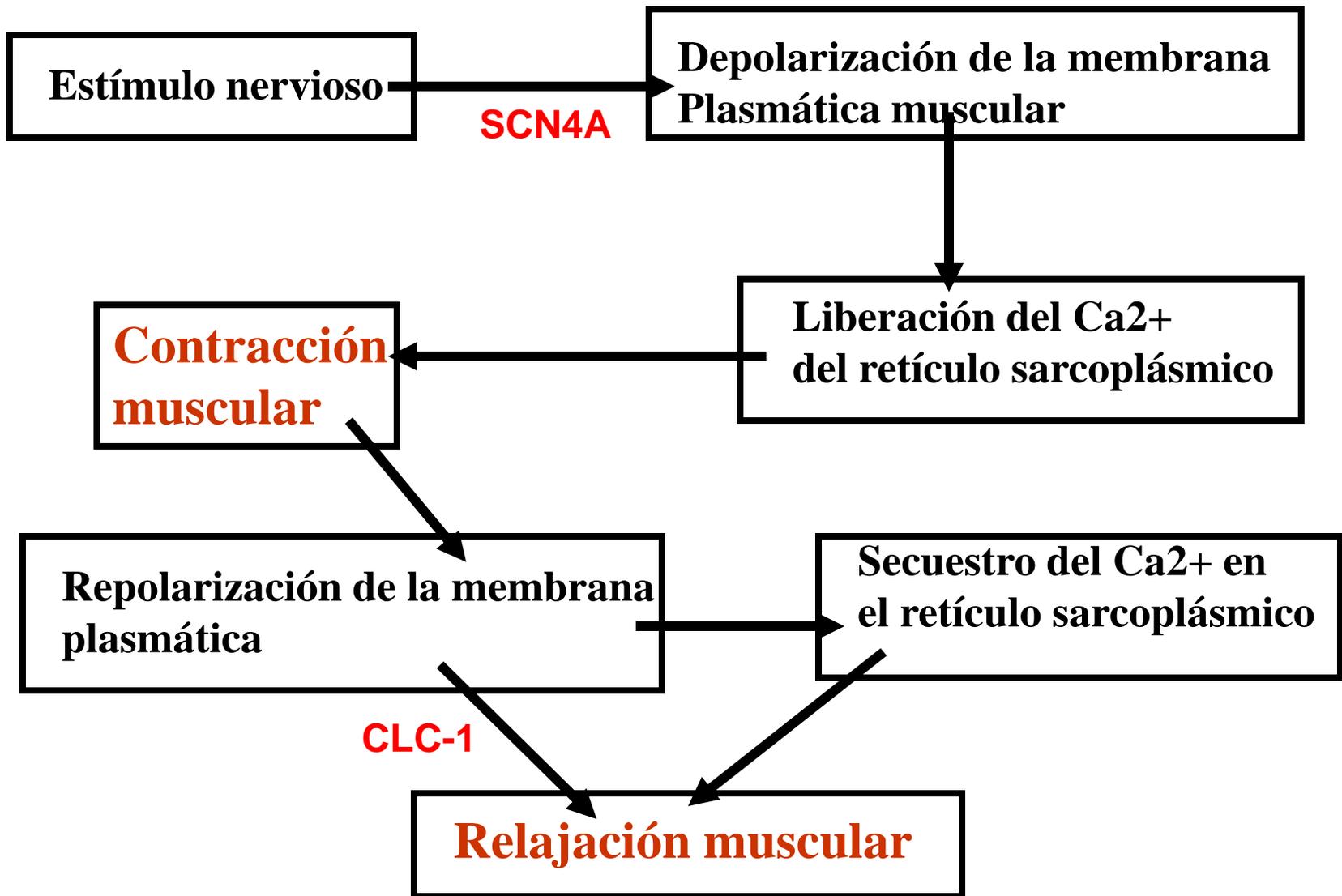
***Enfermedades que causan miotonía:***

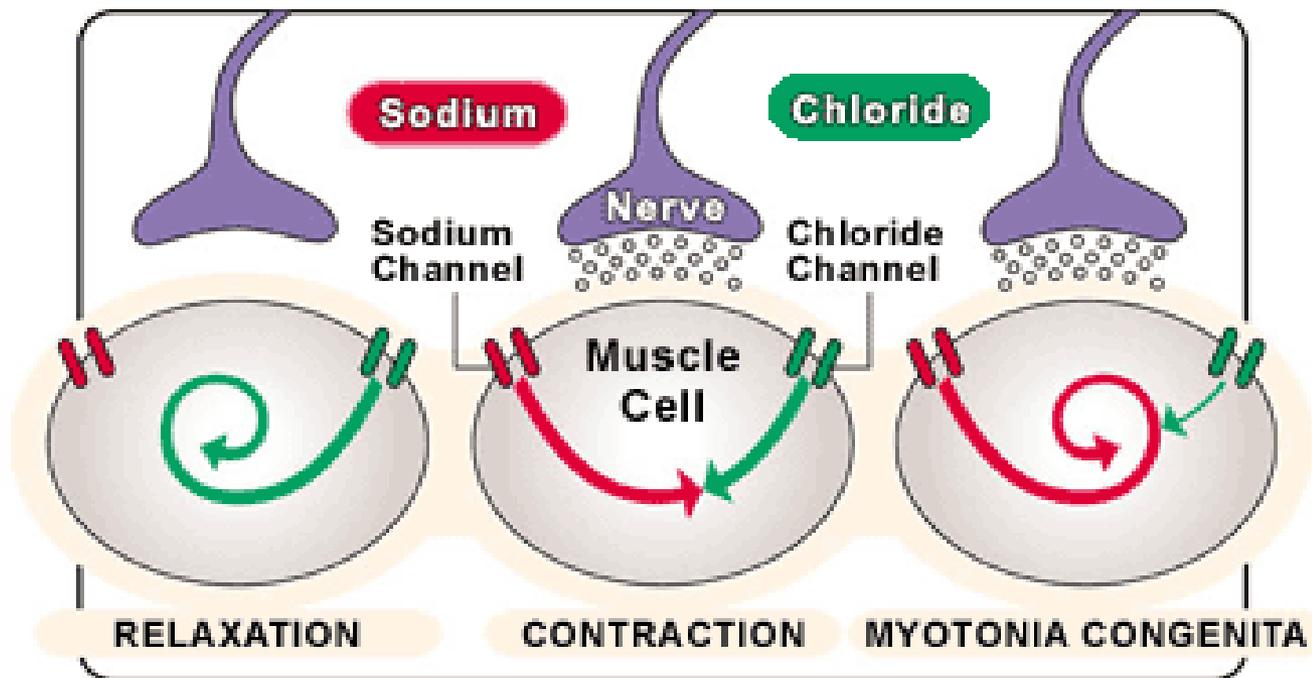
**Miotonía congénita (gen *CLCN1*)**

**Distrofias miotónicas 1 y 2 (genes *DMPK* y *ZNF9*)**

**Paramiotonia congénita (gen *SCN4A*)**

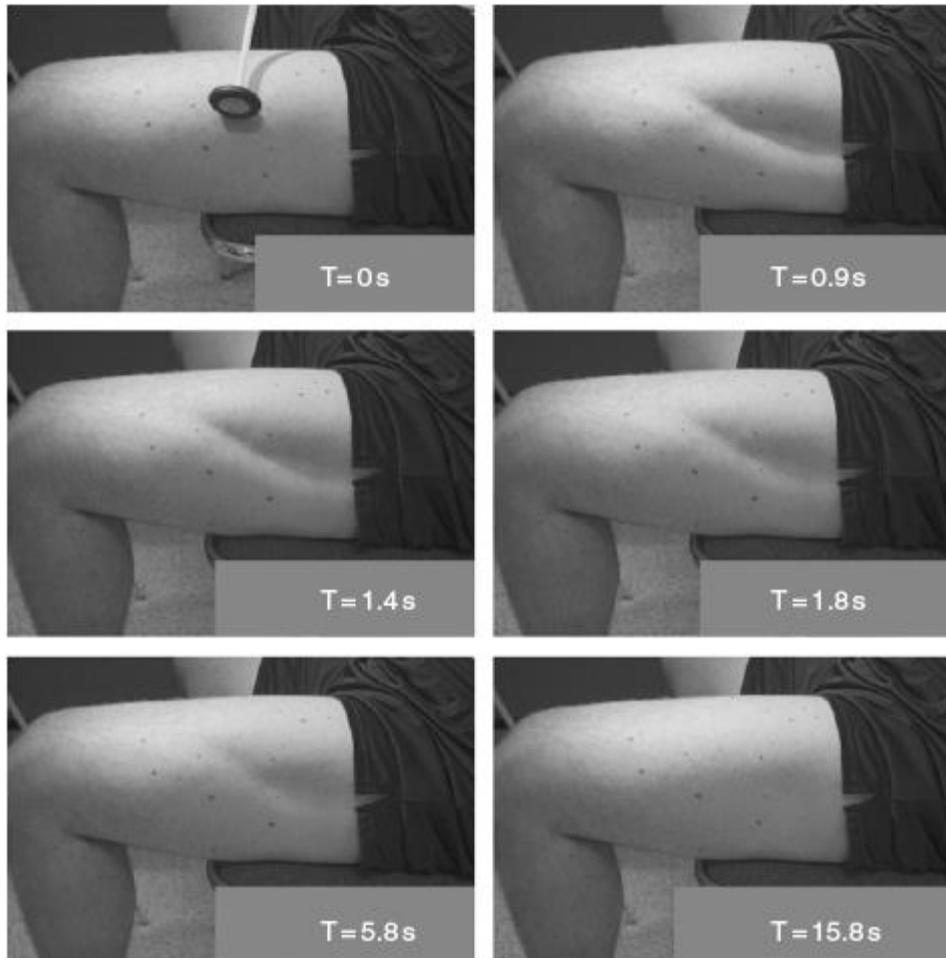
**Parálisis periódica hiperpotasémica (gen *SCN4A*)**



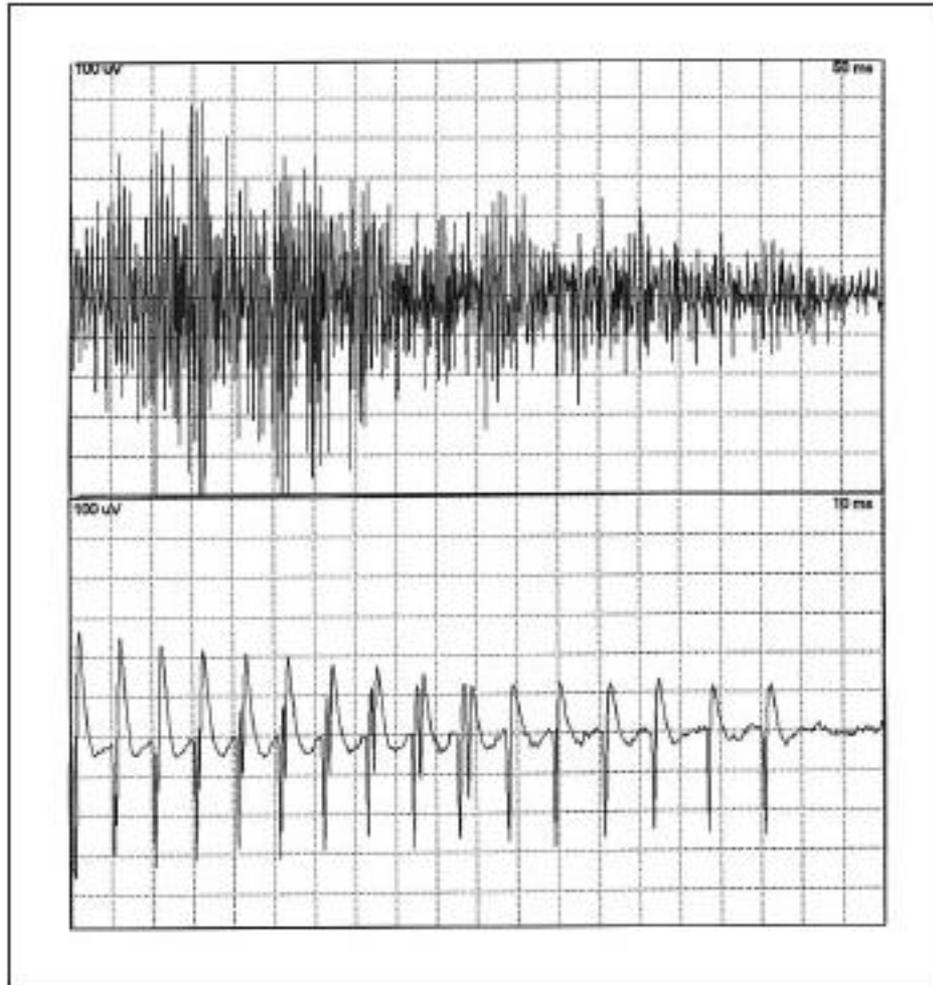


# Miotonia congénita. Síntomas

- **Miotonia**
- **Afecta más a los músculos proximales de miembros inferiores**
- **Debut en los primeros años de vida**
- **Cansancio**
- **Dificultad para iniciar movimientos. Alivio después de unos minutos (fenómeno warm-up)**
- **Descargas miotónicas en el electromiograma**



Christoph Lossin and Alfred L. George, Jr. *Advances in Genetics*, Vol. 63, 2008

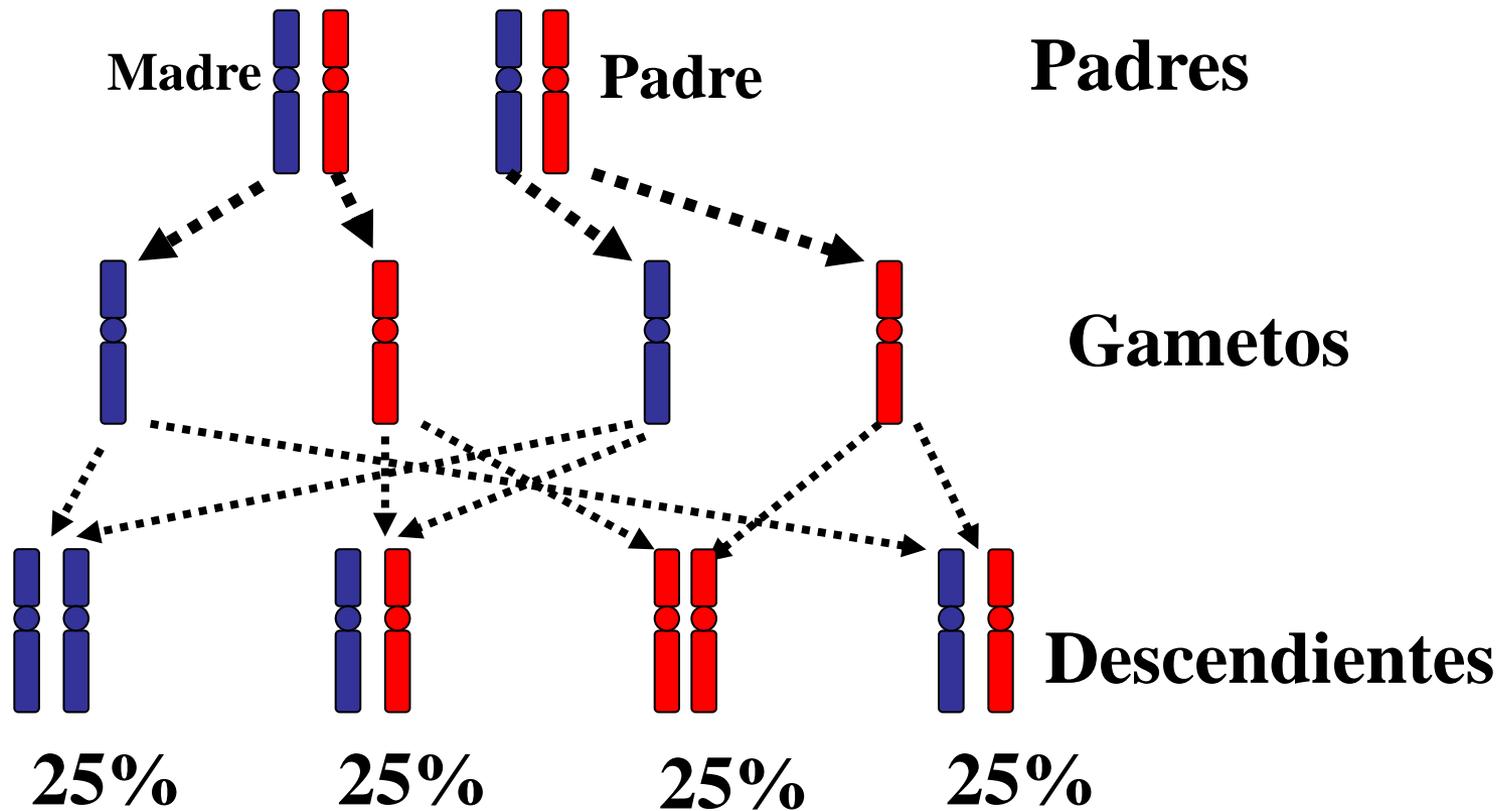


*Figure. Myotonic potentials in the right deltoid muscle.*

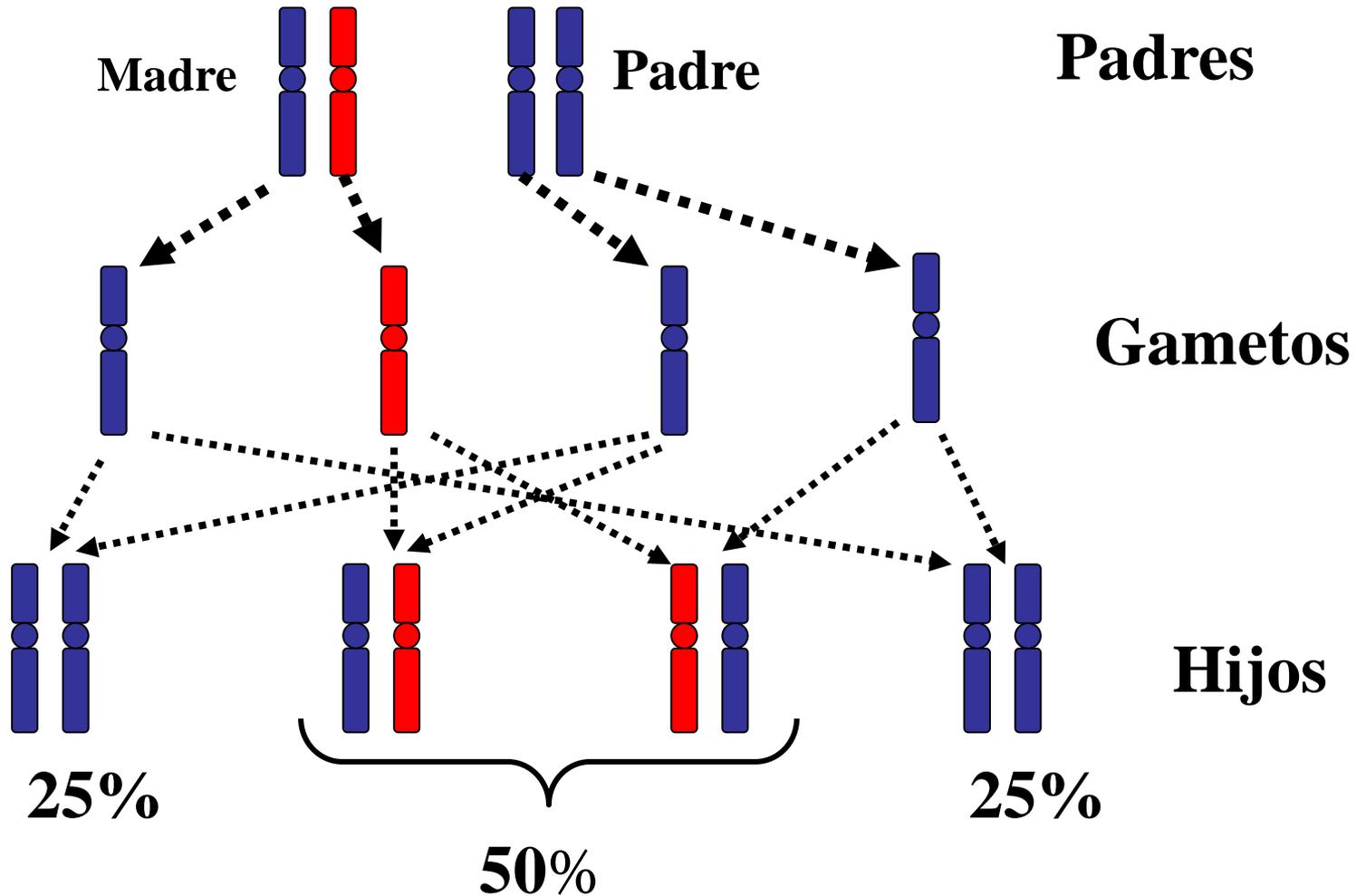
# Genética molecular de la miotonia congénita

- Debida a mutaciones en el gen *CLCN1*
- Herencia autosómica dominante (Thompson)
- Herencia autosómica recesiva (Becker)
- Está alterada la función del canal de iones cloruros Clc-1 del músculo (canal dependiente de voltaje)
- El potencial de membrana de la célula muscular está alterado causando miotonía
- Prevalencia: 1 en 20.000-40.000 individuos

# Herencia mendeliana autosómica recesiva



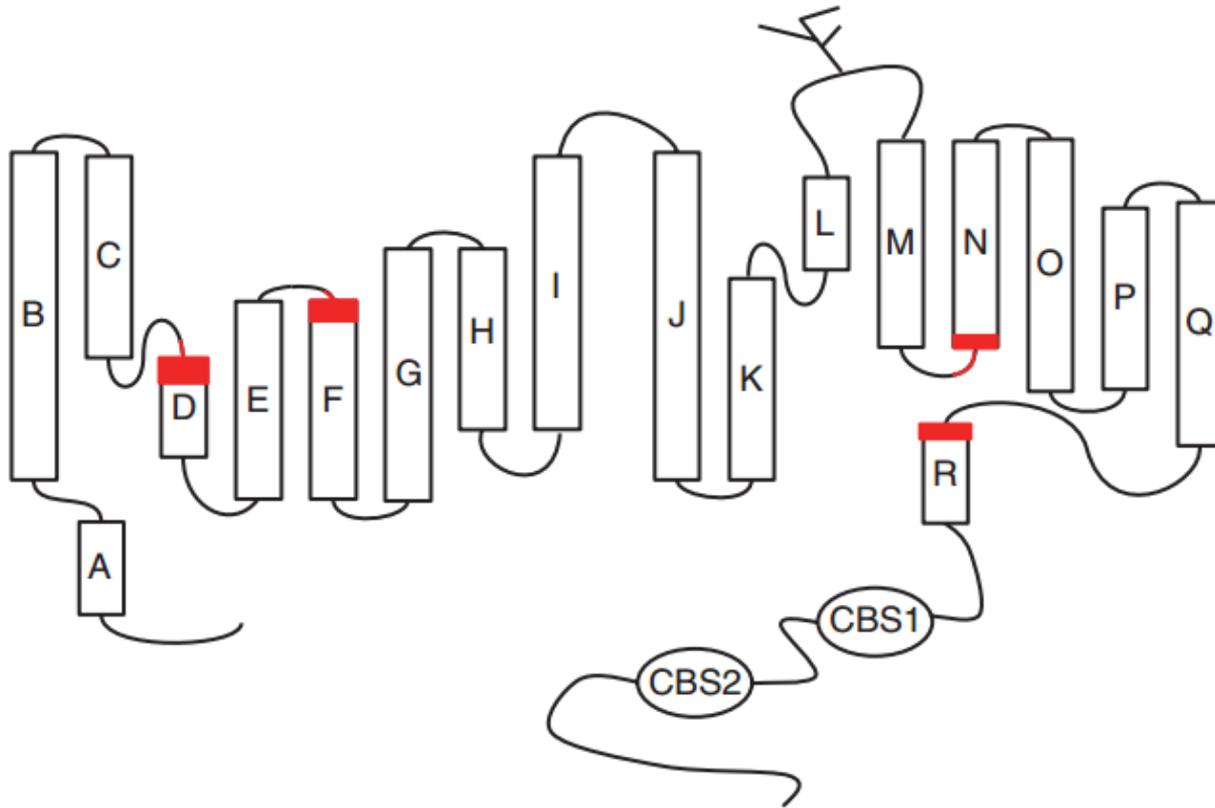
# Herencia mendeliana autosómica dominante



# Miotonia congénita (gen CLCN1)

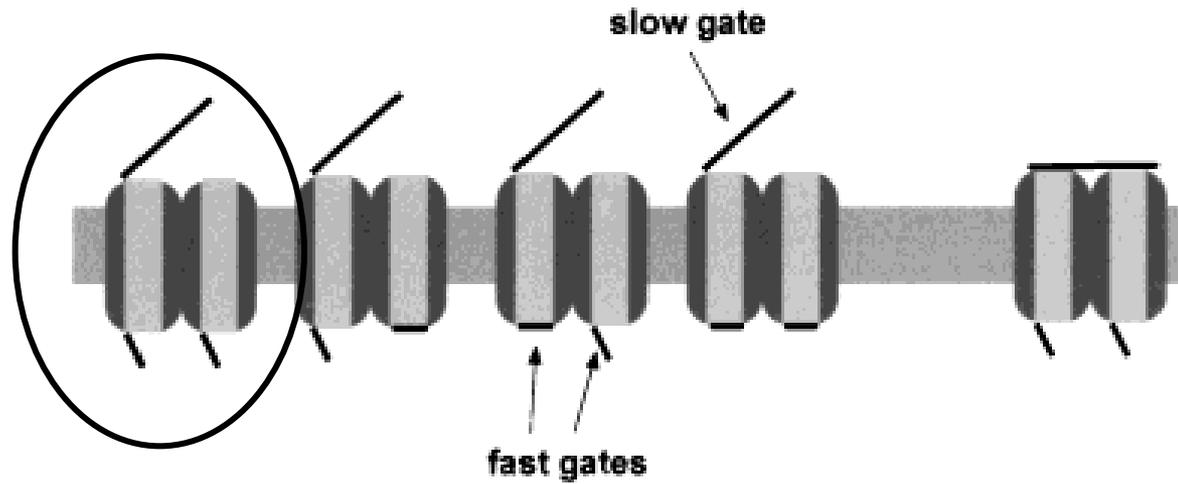
	<b>Thomsen</b>	<b>Becker</b>
<b>Gravedad de los síntomas</b>	<b>0-3</b>	<b>3-5</b>
	<b>Miotonia leve-moderada</b>	<b>Miotonia moderada-grave</b>
	<b>Herencia dominante</b>	<b>Herencia recesiva</b>

Tabla elaborada a partir de los datos de Fialho et al. Brain. 2007 Dec;130:3265-74

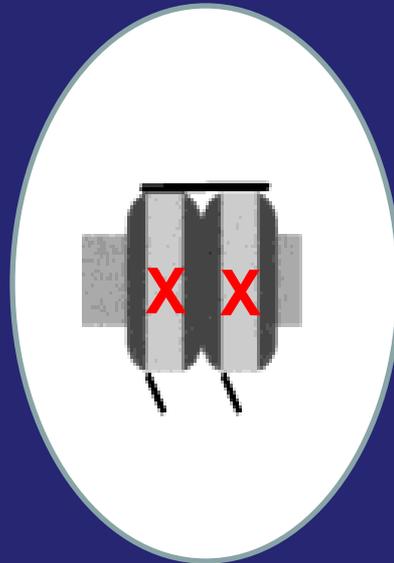


## *Esquema del monómero del canal de iones cloruro ClC-1*

# Homodímeros del canal Clc-1



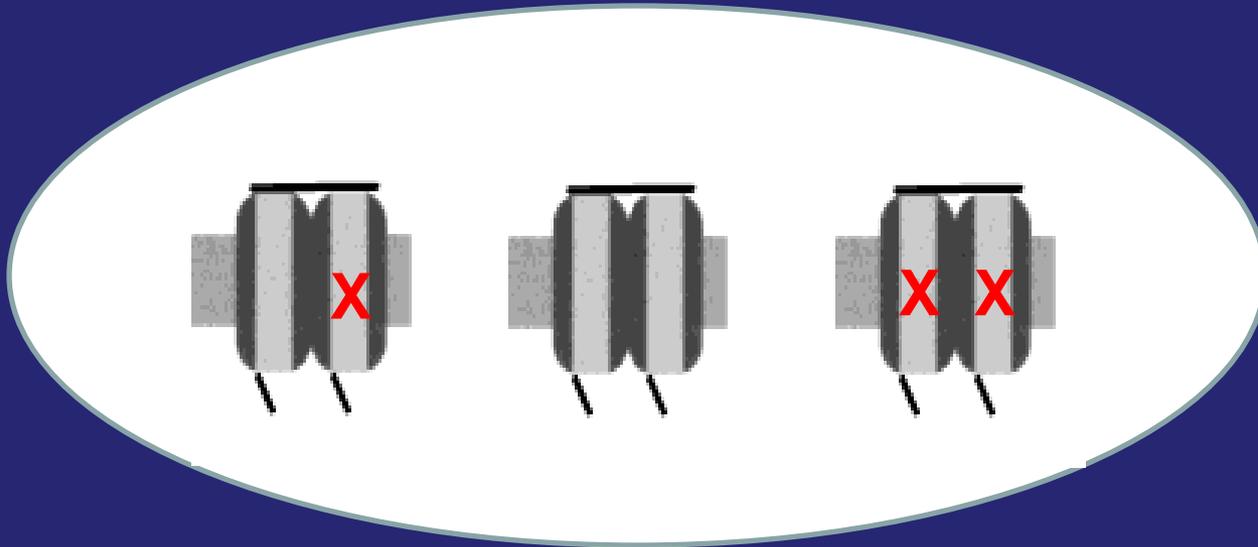
# Actividad del canal ClC-1 en la herencia autosómica recesiva



0% ← Actividad

Pacientes

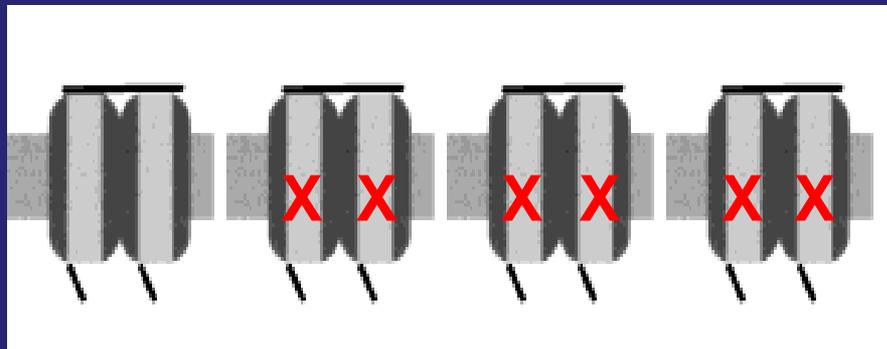
# Actividad del canal CIC-1 en la herencia autosómica recesiva



Actividad  $\longrightarrow$  50%

Portadores

# Actividad del canal CIC-1 en la herencia autosómica dominante



**N N**

**N M**

**M N**

**M M**

**25%**

**0%**

**0%**

**0%**

**Table 1.** *CLCN1* mutations (modified after Pusch<sup>63</sup>).

Nucleotide	Amino acid	Inheritance	References	Nucleotide	Amino acid	Inheritance	References
c.-3A > T	sd	R	95	1095-1096del	fs387X	R	75
202C > T	Q68X	R	119	1238T > G	F413C	R	55, 120
220C > T	Q74X	R	71	1244C > T	A415V	R	71
313C > T	R105C	R	75	1262insC	fs429X	R	75
382A > G	M128V	D	30, 46	1272C > G	I424M	?	20
394A > T	S132C	D?	115	1278-1281del	fs433X	R	50
407A > G	D136G	R	40, 50	1283T > C	F428S	D?	115
*449A > G	*Y150C	R	71, 114	1333C > T	Q445X	R	90
481T > G	F161V	R	81	1412C > T	S471F	D?	53
494T > G	V165G	R	75, 120	1437-1450del	fs503X	R	74
501C > G	F167L	R	45, 120	1438C > A	P480T	D	91
577G > A	E193K	D	30, 46	1439C > T	P480L	D	82, 99
577G > T	E193X	R	115	1443C > A	C481X	R	89
592C > G	L198V	D	94	1444G > A	G482R	D?	75, 53
598G > A	G200R	D	71, 114	1453A > G	M485V	R	75, 114
601insG	fs 258X	R	38	c.1471 + 1G > A	sd	R	75
652G > A	A218T	D?	32	1488G > T	R496S	R	68, 82
689G > A	G230E	D/R	41, 45, 75, 99	1495G > A	G499R	R	121
c.696 + 2T > A	fs231X; sd	R	20	1592C > T	A531V	D/R	80, 102
706G > C	V236L	R	58	1649C > T	T550M	D?	115
*782A > G	*Y261C	R	71, 114	1655A > G	Q552R	D	63, 82, 87
803C > T	T268M	D?	20	1667T > A	I556N	D	58, 81, 92
831insG	fs289X	R	77	1687G > A	V563I	R	89
NR	sa	R	81	1723C > T	P575S	R?	53
847C > T	L283F	D?	115	1931A > G	D644G	R?	53
854G > A	G285E	R	58	NR	Skip exon 17	R	28
857T > C	V286A	D?	58	1972C > T	Q658X	R	32
862C > T	F287S	R?	102	1976C > T	A659V	R	90
870C > G	I290M	D	56, 63, 82, 92	2005C > T	R669C	R?	32
871G > A	E291K	R	75, 82	2124C > G	F708L	D?	89
898C > T	R300X	R	45, 75	2149delG	E717X	R	81
920T > C	F307S	D?	8, 58, 30	2264delC	fs793X	R	89
929C > T	T310M	D	115	2284 + 5C > T	sd	R	102
937G > A	A313T	D	8, 81, 58	2419C > T	Q807X	R	27
950G > A	R317Q	D	38, 75, 82	c.2452 + 2T > A	sd	R	89
979G > A	V327I; sd	R	68	2512insCTCA	fs872X	D	32
986T > C	I329T	R	75, 120	2518-2519del	fs840X	R	30
1013G > A	R338Q	D?	45, 119, 120	2576Q > A	G859D	R	33
1063G > C	G355R	R	33	2680C > T	R894X	D/R	45, 75
1078G > A	A331T	R	102, 111	*2795C > T	*P932L	D	77, 94

*D*, dominant; *NR*, sequence change not reported; *R*, recessive; *sa*, splice acceptor mutation; *sd*, splice donor mutation.

\*Pathogenicity debated.

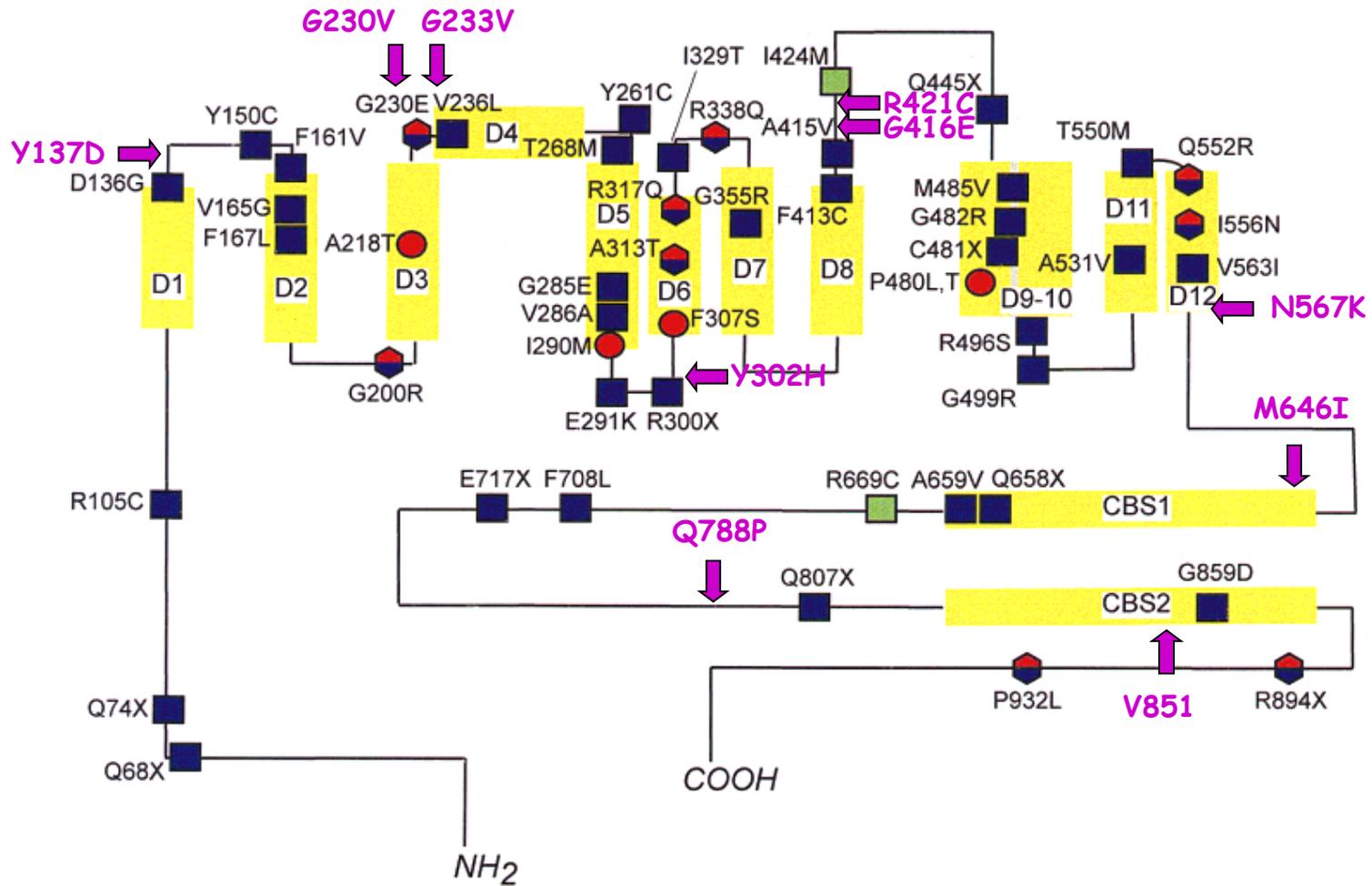
**Colding-Jorgensen. E Muscle Nerve 32: 19–34, 2005**

Table 1  
Mutations found in the *CLCN1* gene in Spanish families with myotonia congenita.

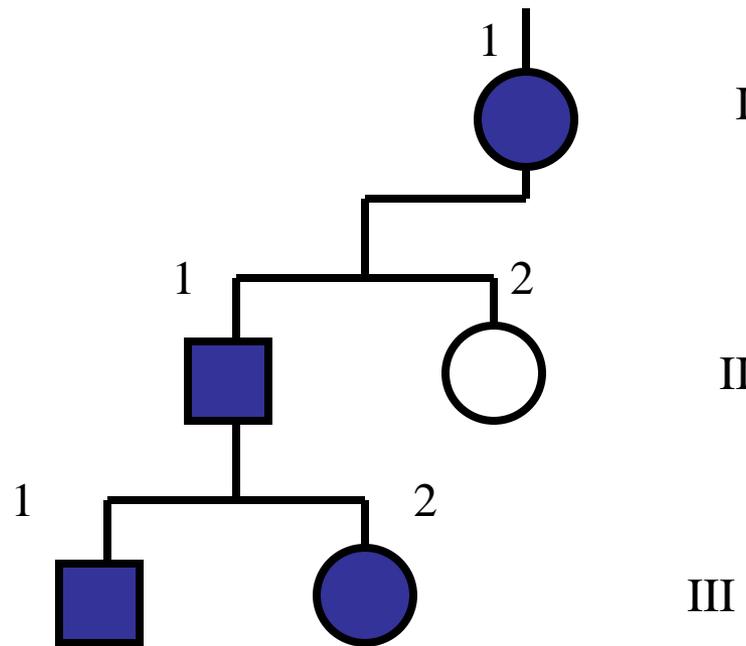
Family ID (n tested)	Genotype	Protein change	Exon/intron	Reference
A (8)	Mutation 1: c.904T>C	p.Tyr302His	e8	This study
	Mutation 2: c.180+3A>T	sd	il	[7]
B (3)	Mutation 1: c.698G>T	p.Gly233Val	e6	This study
	Mutation 2: c.1262insC	p.Pro420fs429X	e12	[3]
C (1)	Mutation 1: c.501C>G	p.Phe167Leu	e4	[6]
	Mutation 2: c.313C>T	p.Arg105Cys	e3	[3]
	Mutation 3: c.180+3A>T	sd	il	[7]
D (4)	Mutation 1: c.2363A>C	p.Gln788Pro	e19	This study
	Mutation 2: c.180+3A>T	sd	il	[7]
E (1)	Mutation 1: c.501C>G	p.Phe167Leu	e4	[6]
	Mutation 2: c.180+3A>T	sd	il	[7]
F (3)	Mutation 1: c.904T>C	p.Tyr302His	e8	This study
	Mutation 2: c.1247G>A	p.Gly416Glu	e11	This study
G (2)	Mutation 1: c.1938G>A	p.Met646Ile	e17	[5]
	Mutation 2: c.180+3A>T	sd	il	[7]
H (4)	Mutation 1: c.689G>T	p.Gly230Val	e5	This study
	Mutation 2: c.689G>T	p.Gly230Val	e5	[7]
I (3)	Mutation 1: c.180+3A>T	sd	il	[7]
J (2)	Mutation 1: c.2680C>T	p.Arg894Stop	e23	[6]
	Mutation 2: c.180+3A>T	sd	il	[7]
K (4)	Mutation 1: c.2680C>T	p.Arg894Stop	e23	[6]
	Mutation 2: c.1592C>T	p.Ala531Glu	e15	[4]
L (1)	Mutation 1: c.1453A>G	p.Met485Val	e13	[3]
	Mutation 2: c.1453A>G	p.Met485Val	e13	[3]
M (5)	Mutation 1: c.1488G>T	p.Arg496Ser	e14	[8]
	Mutation 2: c.1488G>T	p.Arg496Ser	e14	[8]
N (1)	Mutation 1: c.1261C>T	p.Arg421Cys	e12	This study
	Mutation 2: c.2680C>T	p.Arg894Stop	e23	[6]
O (3)	Mutation 1: c.409T>G	p.Tyr137Asp	e3	This study
	Mutation 2: c.1247G>A	p.Gly416Glu	e11	This study
P (7)	Mutation 1: c.180+3A>T	sd	il	[7]
	Mutation 2: c.180+3A>T	sd	il	[7]
Q (1)	Mutation 1: c.1453A>G	p.Met485Val	e13	[3]
	Mutation 2: c.1453A>G	p.Met485Val	e13	[3]
R (3)	Mutation 1: c.2284+5C>T	sd	i18	[15]
S (1)	Mutation 1: c.501C>G	p.Phe167Leu	e4	[6]
	Mutation 2: c.180+3A>T	sd	il	[7]
T (2)	Mutation 1: c.1701C>A	p.Asn567Lys	e15	This study
U (1)	Mutation 1: c.1488G>T	p.Arg496Ser	e14	[8]
	Mutation 2: c.1453A>G	p.Met485Val	e13	[3]
V (4)	Mutation 1: c.501C>G	p.Phe167Leu	e4	[6]
	Mutation 2: c.652G>A	p.Ala218Val	e5	This study
W (1)	Mutation 1: c.1261C>T	p.Arg421Cys	e12	This study
	Mutation 2: c.180+3A>T	sd	il	[7]
X (1)	Mutation 1: c.1453A>G	p.Met485Val	e13	[3]
	Mutation 2: c.2177delT	p.Pro726fs794Stop	e18	This study
Y (7)	Mutation 1: c.180+3A>T	sd	il	[7]
	Mutation 2: c.1167-10T>G	sa	i11	[5]
Z (1)	Mutation 1: c.1453A>G	p.Met485Val	e13	[3]
	Mutation 2: c.302-1G>A	sa	i2	[5]
AA (1)	Mutation 1: c.1453A>G	p.Met485Val sd	e13	[3]
	Mutation 2: c.180+3A>T	sd	il	[7]
AB (1)	Mutation 1: c.180+3A>T	sd	il	[7]
	Mutation 2: c.180+3A>T	sd	il	[7]
AC (1)	Mutation 1: c.2552G>A	p.Val851Met	e22	This study
	Mutation 2: c.2552G>A	p.Val851Met	e22	This study
AD (1)	Mutation 1: c.180+3A>T	sd	il	[7]
AE (1)	Mutation 1: c.1471+1G>A	sd	i13	[3]
	Mutation 2: c.180+3A>T	sd	il	[7]
AF (3)	Mutation 1: c.696+1G>T	sd	i5	This study
	Mutation 2: c.180+3A>T	sd	il	[7]
	Mutation 3: c.809G>A	p.Gly270Asp	7	This study

sd, Splice-site donor mutation; sa, splice-site acceptor mutation.

# Nuevas mutaciones identificadas en pacientes estudiados en la Unidad de Genética Molecular



# Mutaciones dominantes de elevada penetrancia

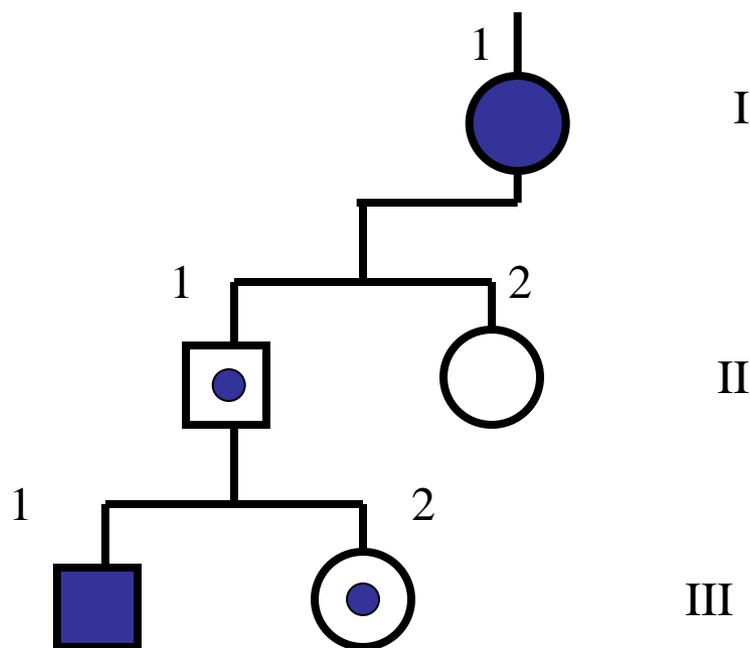


**Ejemplos**

**R338Q**  
**M128V**  
**E193K**  
**Etc.**

Según datos revisados por Colding-Jorgensen.E *Muscle Nerve* 32: 19–34, 2005

# Mutaciones dominantes de penetrancia reducida



## Ejemplos

**A313T**

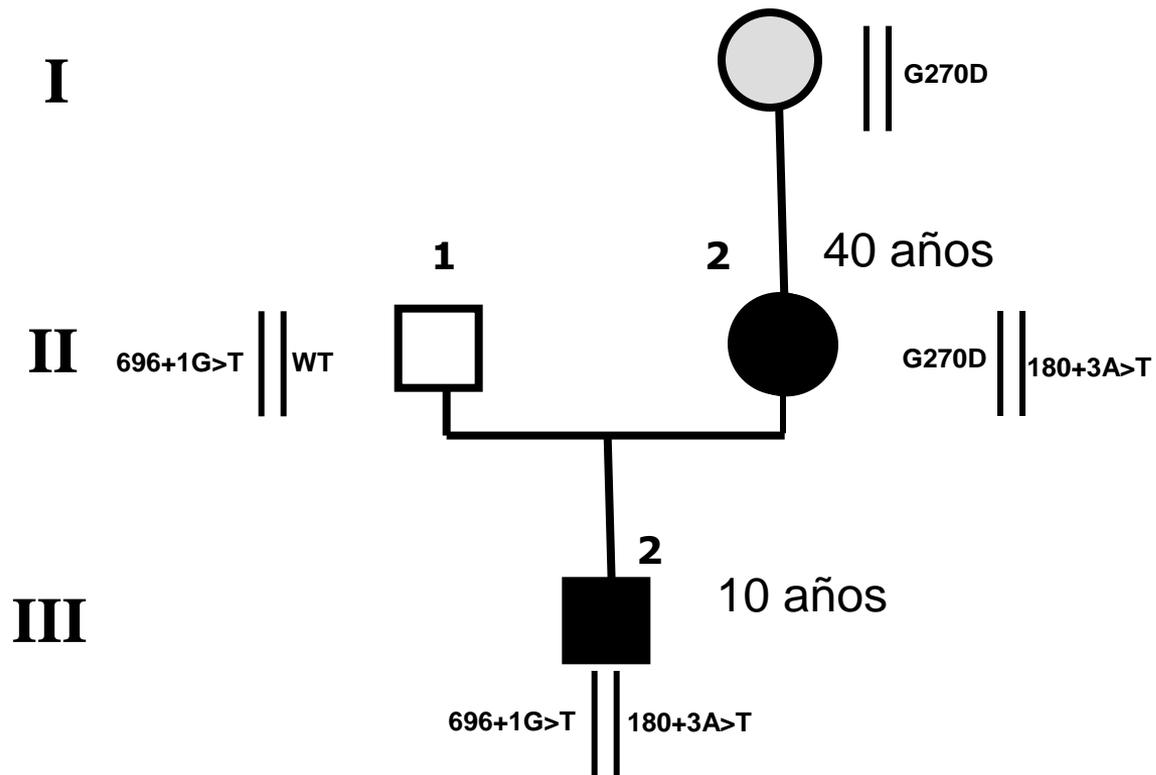
**P480T**

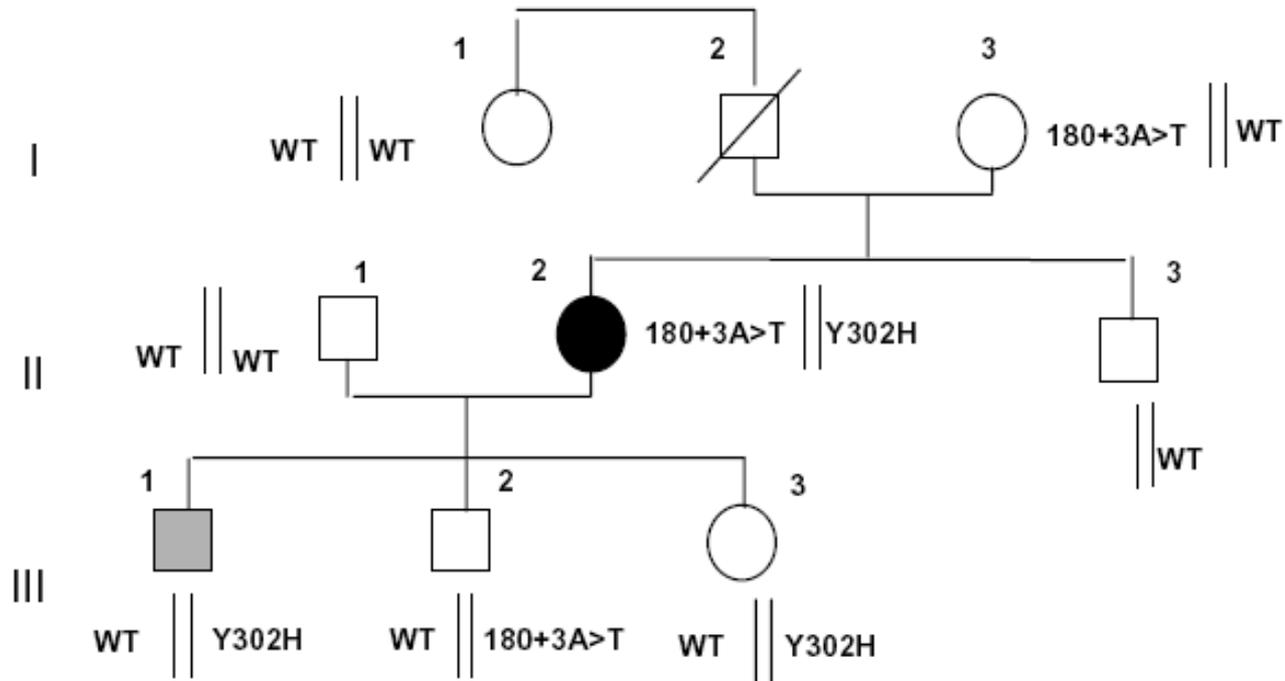
**I556N**

**L198V**

**Etc.**

Según datos revisados por Colding-Jorgensen.E *Muscle Nerve* 32: 19–34, 2005





## Family A

### Clínica de la paciente de la familia A

- **Mujer de 35 años**
- **Retraso en empezar a andar (18-20 meses de edad)**
- **Miotonía**
- **Complexión fornida. Baja talla**
- **Descargas miotónicas en el electromiograma**
- **CPK elevada**

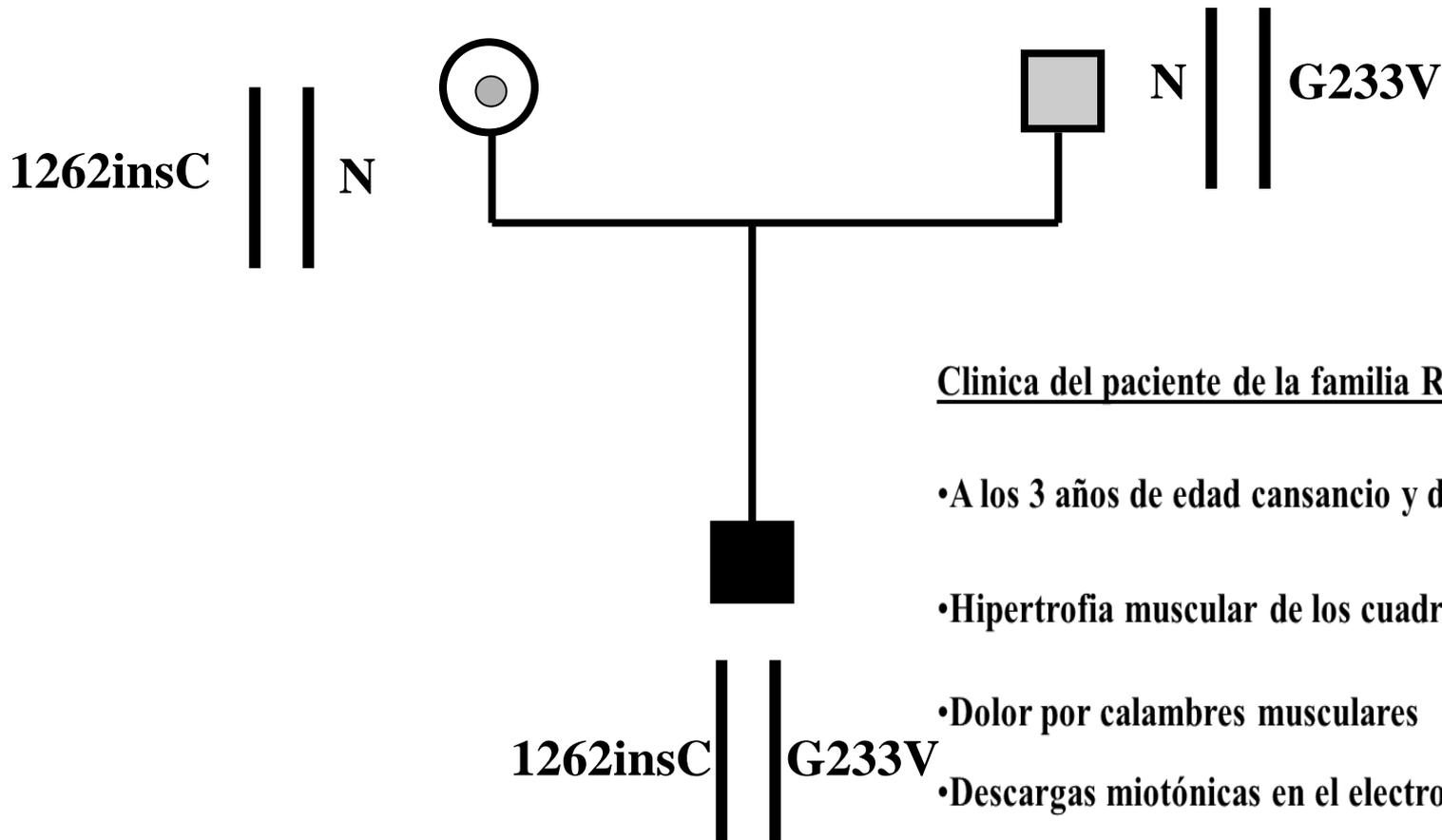
## Evolución mutación CLCN1 Tyr302His (exón 8)

<b>GVLF</b> SI EVTSTYFAVRN <b>Y</b> WRGFFAATFSAFVFRVLA	<i>Homo sapiens</i>
<b>GVLF</b> SI EVTSTYFAVRN <b>Y</b> WRGFFAATFSAFVFRVLA	<i>Mus musculus</i>
<b>GVLF</b> SI EVTSTYFAVRN <b>Y</b> WRGFFAATFSAFVFRVLA	<i>Rattus norvegicus</i>
<b>GVLF</b> SI EVTSTFFAVRN <b>Y</b> WRGFFSATFSAFIFRVLA	<i>Cavia porcellus</i>
<b>GVLF</b> SI EVTSTFFAVRN <b>Y</b> WRGFFAATFSAFIFRVLA	<i>Oryctolagus cuniculus</i>
<b>GVLF</b> SI EVTCSHFGVRS <b>Y</b> WRQFLGGAFSAFIFRVLS	<i>Torpedo marmorata</i>
<b>GVLF</b> SI EVTCSHFGVRS <b>Y</b> WRGFLGGAFSAFIFRVLS	<i>Torpedo californica</i>
<b>GVLF</b> SVEVMSSHFAIRN <b>Y</b> WRGFFAATCGAFVFRLLA	<i>Xenopus laevis</i>
<b>GVLF</b> SI EVTTTTYFAVRN <b>Y</b> WRGFFAAVCGATVFRLLA	<i>Drosophila melanogaster</i>
<b>GVLF</b> SI EVTTTTYFAVRN <b>Y</b> WRGFFAAVCGATVFRLLA	<i>Anopheles gambiae</i>
<b>GVLF</b> SI EVTSVYFAVRN <b>Y</b> WRGFFAATCSATLFRILA	<i>Caenorhabditis elegans</i>

# Familia RL

## Enfermedad de Becker

### Miotonía congénita AR

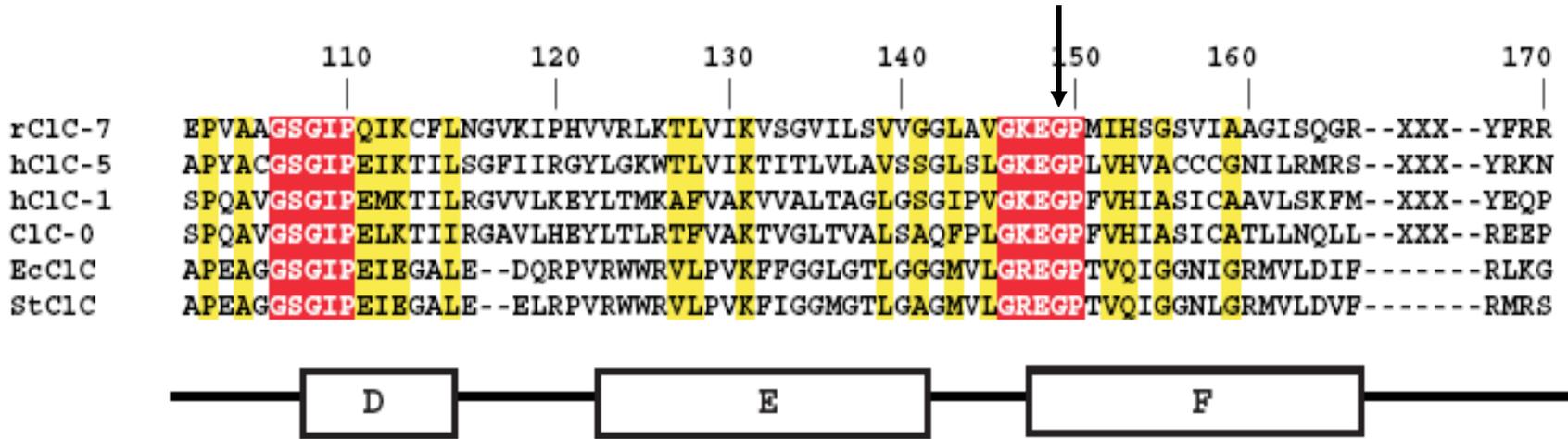


#### Clinica del paciente de la familia RL

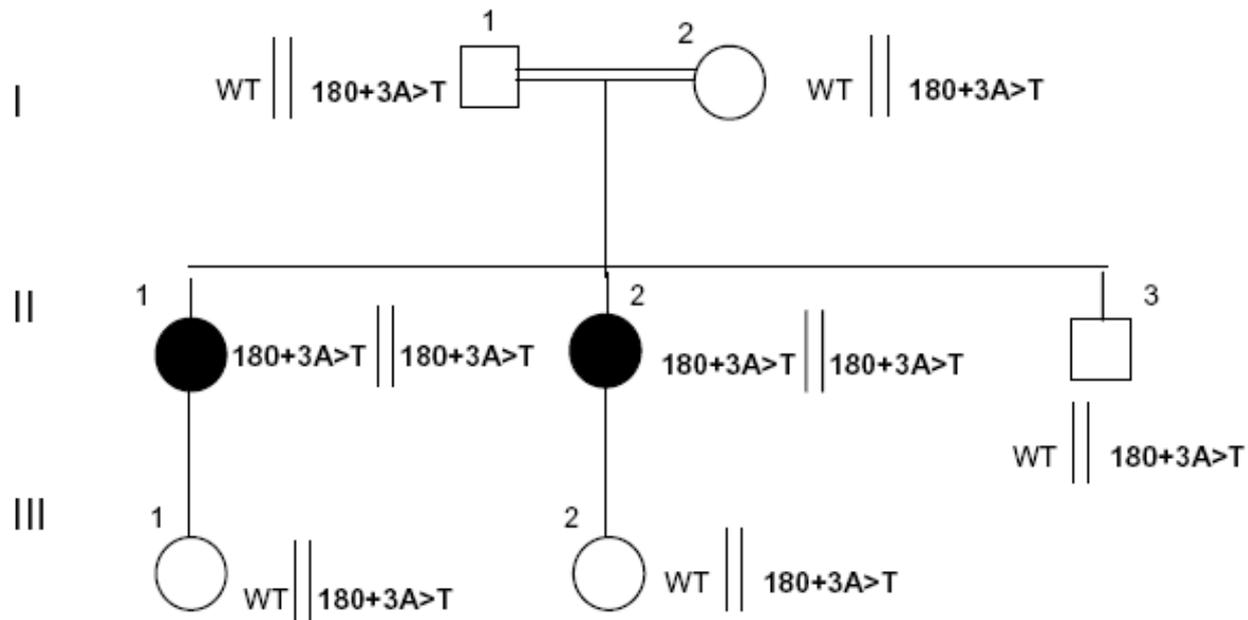
- A los 3 años de edad cansancio y dificultad para la marcha
- Hipertrofia muscular de los cuádriceps y gemelos
- Dolor por calambres musculares
- Descargas miotónicas en el electromiograma

# Evolución mutación CLCN1 Gly233Val

VALTAGLGSGIPVGKE <u>G</u> PFVHIASICAAV	<i>Homo sapiens</i>
VALTAGLGSGIPVGKE <u>G</u> PFVHIASICAAV	<i>Mus musculus</i>
VALTAGLGSGIPVGKE <u>G</u> PFVHIASICAAV	<i>Rattus norvegicus</i>
VALTAGLGSGIPVGKE <u>G</u> PFVHIASICAAV	<i>Canis familiaris</i>
LTAGLGSGIPVGKE <u>G</u> PFVHIASICA	<i>Cavia porcellus</i>
VALTAGLGSGIPVGKE <u>G</u> PFVHIASICA	<i>Torpedo marmorata</i>
VGLTVALSAGFPLGKE <u>G</u> PFVHIASICA	<i>Torpedo californica</i>
LTAGLGSGIPVGKE <u>G</u> PFVHIASI	<i>Drosophila melanogaster</i>
STLTAGLGSGIPVGKE <u>G</u> PFVHIASI	<i>Anopheles gambiae</i>
LTAGLGSGIPVGKE <u>G</u> PFVHIASI	<i>Caenorhabditis elegans</i>
GSGIPVGKE <u>G</u> PFVHI	<i>Leishmania</i>
VGKE <u>G</u> PFVHIA INGEMM	<i>Schizosaccharomyces pombe</i>



Dutzler R et al. 2002. NATURE |VOL 415 | 17 JANUARY , p. 287-94



Family Q

# NHLBI Exome Sequencing Project (<http://evs.gs.washington.edu/EVS/>)

SNP Pos	rs ID	Alleles	EA Allele #	AA Allele #	All Allele #	Avg. Sample Read Depth	Genes	mRNA Accession #	GVS Function	Amino Acid	Protein Pos.	cDNA Pos.	Filter Status
7-143013285	<a href="#">rs34904831</a>	T/C	T-488/C-8530	T-39/C-3699	T-527/C-10229	27	CLCN1	NM_000083.2	utr-5	none	NA	NA	PASS
7-143013293	unknown	A/G	A-1/G-7019	A-1/G-3737	A-2/G-10756	34	CLCN1	NM_000083.2	utr-5	none	NA	NA	PASS
7-143013295	unknown	T/G	T-0/G-7020	T-1/G-3737	T-1/G-10757	37	CLCN1	NM_000083.2	utr-5	none	NA	NA	PASS
7-143013329	<a href="#">rs150304865</a>	A/G	A-2/G-7018	A-0/G-3738	A-2/G-10756	76	CLCN1	NM_000083.2	coding-synonymous	none	8/989	24	PASS
7-143013331	<a href="#">rs115379077</a>	A/G	A-0/G-7020	A-71/G-3667	A-71/G-10687	79	CLCN1	NM_000083.2	missense	HIS,ARG	9/989	26	PASS
7-143013342	<a href="#">rs143025648</a>	A/C	A-1/C-7019	A-0/C-3738	A-1/C-10757	91	CLCN1	NM_000083.2	missense	LYS,GLN	13/989	37	PASS
7-143013391	<a href="#">rs146160029</a>	C/A	C-27/A-6993	C-1/A-3737	C-28/A-10730	131	CLCN1	NM_000083.2	missense	PRO,HIS	29/989	86	PASS
7-143013404	<a href="#">rs138922145</a>	T/C	T-1/C-7019	T-0/C-3738	T-1/C-10757	123	CLCN1	NM_000083.2	coding-synonymous	none	33/989	99	PASS
7-143013438	unknown	G/A	G-0/A-7020	G-2/A-3736	G-2/A-10756	77	CLCN1	NM_000083.2	missense	GLY,ARG	45/989	133	PASS
7-143013488	unknown	T/A	T-4/A-6998	T-0/A-3732	T-4/A-10730	57	CLCN1	NM_000083.2	intron	none	NA	NA	PASS
7-143013528	unknown	A/G	A-0/G-7002	A-4/G-3730	A-4/G-10732	35	CLCN1	NM_000083.2	intron	none	NA	NA	PASS
7-143013530	unknown	A/C	A-0/C-7002	A-1/C-3733	A-1/C-10735	34	CLCN1	NM_000083.2	intron	none	NA	NA	PASS
7-143016799	<a href="#">rs145150180</a>	G/T	G-1/T-7019	G-0/T-3738	G-1/T-10757	93	CLCN1	NM_000083.2	intron	none	NA	NA	PASS
7-143016804	unknown	C/T	C-3/T-7017	C-0/T-3738	C-3/T-10755	100	CLCN1	NM_000083.2	intron	none	NA	NA	PASS
7-143016805	unknown	C/A	C-10/A-7010	C-0/A-3738	C-10/A-10748	103	CLCN1	NM_000083.2	intron	none	NA	NA	PASS
7-143016862	unknown	T/C	T-1/C-7019	T-0/C-3738	T-1/C-10757	178	CLCN1	NM_000083.2	coding-synonymous	none	65/989	195	PASS
7-143016908	<a href="#">rs149407148</a>	G/A	G-0/A-7020	G-1/A-3737	G-1/A-10757	204	CLCN1	NM_000083.2	missense	GLU,LYS	81/989	241	PASS
7-143016928	<a href="#">rs6962852</a>	T/C	T-2277/C-4743	T-2125/C-1613	T-4402/C-6356	209	CLCN1	NM_000083.2	coding-synonymous	none	87/989	261	PASS
7-143016995	<a href="#">rs6948526</a>	A/T	A-662/T-6358	A-1131/T-2607	A-1793/T-8965	112	CLCN1	NM_000083.2	intron	none	NA	NA	PASS
7-143017714	unknown	C/G	C-0/G-7020	C-2/G-3736	C-2/G-10756	37	CLCN1	NM_000083.2	intron	none	NA	NA	SVM
7-143017720	<a href="#">rs112059687</a>	C/T	C-0/T-7020	C-87/T-3651	C-87/T-10671	43	CLCN1	NM_000083.2	intron	none	NA	NA	PASS
7-143017753	<a href="#">rs113839156</a>	T/C	T-0/C-7020	T-84/C-3654	T-84/C-10674	85	CLCN1	NM_000083.2	intron	none	NA	NA	PASS

SNP Pos                      rs                      ID Alleles    EA Allele #                      AA Allele #                      All Allele #                      Avg. Sample Read    Gene  
 7:143013488    unknown    T/A    T=4/A=6998    T=0/A=3732    T=4/A=10730                      57                      CLCN1

## De 32 familias españolas con miotonia congénita:

16 eran portadoras de la mutación c.180+3A>T	( 50 % )
6 eran portadoras de la mutación M485V	( 19% )
4 eran portadoras de la mutación F167L	( 12% )
3 eran portadoras de la mutación R894X	( 9% )
2 eran portadoras de la mutación R496S	( 6% )

# Miotonía congénita. Resumen

- Miotonía
- Debut en los primeros años de vida
- Fenómeno *warm-up*
- Debida a mutaciones en el gen *CLCN1*
- Dos formas de herencia: Herencia autosómica dominante (Thompssen) y herencia autosómica recesiva (Becker)
- El espectro de mutaciones en España es diferente del norteeuropeo y norteamericano

